For local information and daily updates on COVID-19 please visit www.coronavirus-sd.com.

SAVE THE DATE

GENERAL
ASSEMBLY
MEETING AND
WORKSHOP

DATE/TIME:

Friday, February 26, 2021

Morning Presentation from 9-11 a.m. PST Registration link for morning session

Afternoon Presentation from 1 – 3 p.m. PST Registration link for afternoon session

Please contact us if you have questions about accessing the meeting and/or workshop remotely at ahernandez@publicstrategies.org.

The Intersection between Alcohol and Mental Health in Adolescents and Adults

KEYNOTE SPEAKER

Aaron White, Ph.D., is the senior scientific advisor to the director and chief of the Epidemiology and Biometry Branch at the National Institute on Alcohol Abuse and Alcoholism (NIAAA).

Dr. White is a biological psychologist interested in how alcohol affects the brain and overall health across the lifespan. His research over the last two decades has contributed to our understanding of the effects of alcohol on brain function and development, the nature of alcohol-induced memory blackouts, and trends in alcohol use in the U.S. His most recent studies explore changes in alcohol-related emergency department visits, hospitalizations and deaths in the U.S., as well as alcohol use among girls and women.

Fast Fact: According to research, drink and drug risk is lower among optimistic pupils with 'happy' memories.



The Alcohol Policy Panel of San Diego County is a volunteer coalition of diverse community leaders who are concerned about the impact alcohol abuse is having on our communities. Members provide leadership to the County's Binge and Underage Drinking Initiative, which develops strategic, community-based and environmental prevention campaigns to reduce underage and high-risk drinking. This meeting is made possible with funding from the County of San Diego, Health and Human Services, Behavioral Health Services.